

Prevalence of TMJD and Its Signs and Symptoms

The prevalence of temporomandibular joint and muscle disorder (TMJD) is between 5% and 12%. Unusual for chronic pain conditions, the prevalence rates of TMJ disorders are higher among younger persons. TMJ disorders are at least twice as prevalent in women as men, and women using either supplemental estrogen or oral contraceptives are more likely to seek treatment for these conditions.

Table 1: Prevalence of TMJD and its Signs and Symptoms

The measurement of facial pain and TMJD is complicated. There is no standard definition for TMJD; it is measured by asking about various types and durations of muscle, joint, and facial pain, difficulty with chewing, joint sounds, etc. Table 1 lists a number of recent studies along with the method of measuring TMJD and the prevalence of various TMJD symptoms.

Table 1: Prevalence of TMJD and its signs and symptoms

	Pub.	Subpopulati	Manager	Results	Comments
Source	Year	on	Measure	Results	Comments
Johansson et	2002	Total		Males / Females	Cross-sectional
$\mathrm{al}^{ extstyle 1}$		populations	Pain from TMJ	6.7% / 12.4%	study (mail
		of two	Joint sounds	12.0% / 16.5%	questionnaire,
		counties in	Difficulty opening jaw	8.2% / 11.2%	response rate
		Sweden	Bruxism	15.5% / 20.2%	71%)
			Sensitive teeth	30.0% / 38.9%	(n=8,888)
			Burning mouth	4.1% / 5.3%	
			Chewing difficulty	27.2% / 24.8%	
McFarlane	2002	Patients in a	One month period		
TV^{2}		general	prevalence of oro-		Cross-sectional
		medical	facial pain		study
		practice,	Males	20.8%	(n=2504)
		England	Females	29.8%	
		_	All, 18-25	30.0%	
			All, 26-35	27.6%	
			All, 36-45	26.5%	
			All, 46-55	25.1%	
			All, 56-65	21.7%	
			Overall	25.8%	
Pow EH et	2001	Adult		Males / Females	Cross-sectional
al^{3}		Chinese	Jaw pain	33.4% / 32.5%	study (telephone
		residents of	Difficulty opening	7.5% / 8.9%	survey, response
		Hong Kong	Clicking	30.2% / 29.7%	rate 56%)
			Bruxism	25.1% / 24.0%	(n=1,526)
			Poorly rested	19.1% / 18.5%	
			Severe Pain	9.3% / 5.8%	

Spanish National Oral Health Survey ⁴ Age 65-74 Goulet et al ⁵ Province of Quebec National National National Province of Quebec National National National National Province of Quebec National Health Interview Survey (Lipton et al) ⁶ Age 35-44 Age 65-74 Age 65-74 Age 65-74 Limited mobility Jaw clicks Pain Limited mobility 1.8% Population survey population survey Nales / Females 3.5% / 8.7% Retrospective population survey All Ages Pouring the past 6 months, pain in the jaw joint or in front of the ear"more than once. Males Females All, 18-34 All, 18-34 Retrospective population survey (n=897) Retrospective population survey Retrospective population survey All Ages Retrospective population survey All, 18-34			I	T	1	
National Oral Health Survey 4 Age 65-74 Limited mobility 1.8% Retrospective population survey 1.8% pain 1.5.5% survey (n=2380) Erench- Tyaw pain in your jaw muscles or jaw joints, often or very often." Males / Females 18-34 3.5% / 8.7% Retrospective population Survey Province of 18-34 3.5% / 8.7% Retrospective population Survey All Ages Males / Females Size / 9% (n=897) Population Survey Males / Females Size / 9% Retrospective Population Survey Survey Males / Females Size / 9% Retrospective Population Survey Survey Males / Females Size / 9% Retrospective Population Survey Survey Males Females All, 18-34 Size / 9% Retrospective Population Survey				Specific TMJD		
Oral Health Survey ⁴ Age 65-74 Limited mobility Jaw clicks Pain Limited mobility Jaw pain in your jaw muscles or jaw joints, often or very often." Province of Quebec Jay Pain Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles / 8.7% Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles / 8.7% Jaw pain in your jaw muscles / 8.7% Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles / 9.7% Jaw pain in your jaw muscles / 9.7% Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your jaw pain in your jaw muscles or jaw joints, often or very often." Jaw pain in your	-	2000	Age 35-44			
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$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Survey ⁴		Age 65-74	Limited mobility	1.8%	population
Limited mobility 2.9%				Jaw clicks	15.5%	survey
Goulet et al 5 1995 French-speakers age 18+, Often or very often." Males / Females 3.5% / 8.7% Retrospective 18-34 3.5% / 9.7% Survey All Ages Males / Females 1993 US civilians, age 18+ Oint or in front of the latter view Survey Lipton et al) 6 Use Civilians				Pain	2.5%	(n=2380)
Goulet et al 5 1995 speakers age muscles or jaw joints, often or very often." Males / Females Retrospective population Survey All Ages Males / Females Retrospective population Survey All Ages Sw / 9% (n=897) Males / Females Retrospective population Survey Survey All Ages Males Retrospective Population Survey Survey Males Retrospective Population Survey Males Retrospective Population Survey Males Retrospective Population Survey Males Retrospective Population Survey Population Survey All, 18-34 6.9% Survey Population Popu				Limited mobility	2.9%	
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Province of Quebec 18-34 3.5% / 8.7% Retrospective population 555 3.3% / 9.7% Survey All Ages 75% / 9% (n=897) National Health Interview Survey (Lipton et al) 20					Males / Females	
Quebec $35-54$ $6.8\% / 10.4\%$ population >55 $3.3\% / 9.7\%$ survey $6.8\% / 9\%$ 9% 9% 9% 9% 9% 9% 9%			Province of		3.5% / 8.7%	Retrospective
Survey S			Quebec	35-54	6.8% / 10.4%	
All Ages 5% / 9% (n=897) National 1993 US civilians, months, pain in the jaw joint or in front of the ear"more than once. Survey (Lipton et al) Pemales 3.5% population survey				>55	3.3% / 9.7%	
National Health Interview Survey (Lipton et al) ⁶ US civilians, months, pain in the jaw joint or in front of the ear"more than once. Males Females 3.5% population survey All, 18-34 OSC 184 Retrospective population survey				All Ages	5% / 9%	(n=897)
Health Interview Survey (Lipton et al) (Lipton et a				"During the past 6		,
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(Lipton et al) $\stackrel{6}{=}$ Females $\stackrel{3.5\%}{=}$ population survey	Interview			P		
(Lipton et al) 6 Females All, 18-343.5% population survey	Survey			Males		Retrospective
[All, 18-34] 6.9% survey	(Lipton et			Females	3.5%	-
				All, 18-34	6.9%	
				All, 35-54	6.5%	(n=42,370)
All, 55-74 5.0%				All, 55-74	5.0%	, , ,
All, 75+ 4.0%				All, 75+	4.0%	
3.9%					3.9%	
"Jaw joint or in front of Males / Females				"Jaw joint or in front of		
Osteoarthritis 2007 Men and ear, pain or aching, Longitudinal,	Osteoarthritis	2007	Men and			Longitudinal,
Initiative women ages past 30 days" 3.8% / 10.9% prospective					3.8% / 10.9%	
$(OAI)^{\frac{7}{2}}$ 45-79 with a Jaw joint or in front of observational	$(OAI)^{\frac{7}{2}}$		_			
history of ear, how many days study			history of			study
knee pain. had pain or aching, 8.5 / 9.1% (n=4579)					8.5 / 9.1%	•
past 30 days"			*	1		, ,

References

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⁶ *Ibid* reference 1.

⁷ Unpublished data derived by author from Osteoarthritis Initiative data files available from http://www.oai.ucsf.edu/datarelease/about.asp.